

# ANTI- BULLYING WEEK

MONDAY 13TH - FRIDAY 17TH  
NOVEMBER 2017

## ASSEMBLY AND WORKSHOPS: THE BIGGER PICTURE- YEARS 2-6

*"I'm really glad to be able to tell my story. I want to help people see the bigger picture of how what they do or say can have an impact on other people's feelings." (Walla, Age 10)*

The Bigger Picture programme is designed to focus on the relationships we form with others, as well as the importance of embracing and celebrating differences. Throughout an engaging 45 minute assembly, students are sensitively exposed to a variety of characters to which they can relate and/or recognise in their school. Using these characters as a basis for discussion, they will further explore what it takes to make positive relationships during facilitator led drama workshops, as well as by completing sections of the accompanying activity pack in class with their teachers.

## ASSEMBLY AND WORKSHOPS: WITH ALL DUE RESPECT- YEARS 2-6

*"I used to think that it was just me; that perhaps I wasn't being respectful, and so they weren't showing me any respect back, but now I'm not so sure. I've realised that sometimes you don't have to actually do anything for people to pick on you..."*

Bigfoot's new respect programme aims to raise awareness about how we treat others, and how we expect to be treated ourselves, on a most basic level. By planting the seeds of what 'respect' means and the forms it can take by introducing students to several animated characters during the assembly, they will begin to explore and reflect on how negative attitudes and behaviour can make people feel, both at school and at home.

## PERFORMANCE: CAUGHT IN THE NET- KS2

*"The name is Tina, Tina Tablet; a trusted and reliable homework companion for Year 5. I may not look much to you, but I can be pretty lethal if placed in the wrong hands..."*

In an age where text talk, 'Facebook', 'Instagram' and 'Twitter' are second nature to many of us, we need to be even more aware about how the technology we give our young children access to impacts their safety. Bigfoot's innovative play 'Caught in the Net' investigates what cyber bullying is, as well as raises awareness about the risks of using the internet in order explore what students can do to maintain positive relationships at school, at home, and online.



## WORKSHOPS:

### R.e.s.p.e.c.t - KS2

**'Respect' is a tricky concept to grasp; it refers to not only how you feel and act towards others, but also yourself. Therefore, if you are 'disrespectful' it can be damaging to how you are seen and treated by others, as well as how you view yourself.**

By exploring how we form and maintain relationships with each other, students will be encouraged to consider how respectful communication can assist in combating bullying in their school. With Bigfoot's help participants will experiment with a variety of peer mediation techniques whilst learning the importance of embracing and celebrating differences.

### Cyber Bullying - KS2

**Bigfoot's 'Cyber Bullying' workshops encourage students to consider how we communicate by phone and internet, along with the implications this can have at home, at school and in the wider community.**

Through a variety of drama and communication games and exercises, students will explore what cyber bullying is, identifying the differences to 'face to face' bullying and understanding the effects on victims. Together the students will discuss how to stay safe online, creating 'Cyber safe adverts' to share information and advice with their peers. A brilliantly positive, fun and informative experience for students to safely explore a serious issue facing all young people today.

“ The Bigger Picture programme introduces children to familiar characters affected by bullying in an engaging way. The children were hooked from the start and it sparked lots of debate in class! ”

**Jennifer Crabbe, Stockwell Primary School**

“ As always, the friendly and pro-active Bigfoot team gave excellent positive feedback to staff and pupils, whilst enabling pupils to receive strong anti bullying messages in an easily-digestible form. ”

**Nic Mehew, North Ealing Primary School**

“ Relevant and compelling content delivered in an accessible way to junior aged children. ”

**Kathryn Dray, Stamford Green Primary School**



### I like Myself - KS1

**I like myself, I'm glad I'm me, there's no one else I'd rather be. And I don't care in any way, what someone else may think or say. I'm having too much fun, you see, for anything to bother me!**

Bigfoot uses Karen Beaumont's inspiring ode to self-esteem as a basis for creative workshops aimed at encouraging young students to appreciate everything about themselves, inside and out. Messy hair? Beaver breath? So what! This little girl knows that being proud of being you is the most important thing ....something all of us, regardless of age, would do well to remember!

### I wish I could... EYFS

**Simple, intimate and inspiring...group storytelling at its best**

In the rainbow forest the insects are having a talent competition. The winner gets to add a new story to the story tree! Tara is the only person who isn't excited; she's the judge. How will she choose a winner? This is a tale about talents old and new, and learning to be the most proud of you.



**FOR MORE INFORMATION OR TO  
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**t: 0800 6446034 e: [bookings@bigfootartseducation.co.uk](mailto:bookings@bigfootartseducation.co.uk)**

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