

ANTI-BULLYING WEEK 2020

MONDAY 16TH - FRIDAY 20TH NOVEMBER

Bigfoot's interactive anti bullying programmes for EYFS, KS1 and KS2, aim to encourage children and young people to respect themselves and each other at school, in their homes, communities, and online. This year, we are proud to support the Anti-Bullying Alliance with the theme 'United Against Bullying', which is explored throughout all of our assemblies, workshops and films.



We are proud to be official partners of the charity Kidscape. As such we are delighted to donate £10 for every booking made in order to help Kidscape prevent bullying and protect young lives.



ASSEMBLY AND WORKSHOP PROGRAMMES

THE BIGGER PICTURE (YEARS 2 – 6)

"I'm really glad to be able to tell my story. I want to help people see the bigger picture of how what they do or say can have an impact on other people's feelings." (Walla)

The Bigger Picture programme focuses on the relationships we form with others, as well as the importance of embracing and celebrating differences. Throughout an engaging assembly, students are sensitively introduced to a variety of characters to examine; How does it feel to be the victim of unkind behaviour? Why might someone 'bully'? How and why can we feel pressure from those around us? How can we navigate the complexities of friendships and why we are all different – and proud of it!

FORMAT: 45 minute Assembly & 4 x 1 hour Workshops

THE BIGGER PICTURE 2: RE-SPECT! (YEARS 2 - 6)

"I used to think that it was all about me; that perhaps I wasn't behaving in the right way and so some people just couldn't help but not like me. But I'm not so sure that's true..." (Sara)

The Bigger Picture 2: Re-respect! takes an in depth look at how we manage relationships, respond to conflict and celebrate our differences. The interactive assembly and workshops use a variety of characters stories to explore how we respect each other, and ourselves, through our behaviour, language and actions. What is empathy and how do we show it? How can we stand up for ourselves, and each other, safely?

FORMAT: 45 minute Assembly & 4 x 1 hour Workshops

IT'S GOOD TO BE ME! (KS1) *Also available via Zoom

This programme, designed especially for KS1, explores self-esteem, friendship and respect. Using story, movement and puppetry we celebrate our differences and use our imaginations to consider the different ways we do and should treat each other. A wonderfully positive introduction to key anti-bullying and collective responsibility messages for younger children!

FORMAT: 45 minute assembly & 4 x 1 hour Workshops



CHOOSE RESPECT (FILM FOR YEARS 1 - 6)

With the successful launch of Bigfoot Arts Education TV, schools can now opt to buy in a professional filmed version of our anti-bullying assembly performance 'Choose Respect'. This film can be viewed in the school classroom or at home, and can be booked alongside our live practical workshops, or simply in conjunction with our teacher resource pack.

FORMAT:

30 minute 'Choose Respect' film download with resource pack (unlimited use)

COVID COMPLIANT: Please note that our assemblies and workshops have been redesigned for 2020 to be covid compliant whilst also ensuring that your students have as much fun with us as possible. Please request a copy of our Covid-19 policy and risk assessment for schools

WORKSHOP ONLY PROGRAMMES

R.E.S.P.E.C.T (KS2) *Also available via Zoom

'Respect' is a tricky concept to grasp; it refers to not only how you feel and act towards others, but also yourself. Therefore, if you are 'disrespectful' it can be damaging to how you are seen and treated by others, as well as how you view yourself.

By exploring how we form and maintain relationships with each other, students will be encouraged to consider how respectful communication can assist in combating bullying in their school. With Bigfoot's help participants will experiment with a variety of peer mediation techniques whilst learning the importance of embracing and celebrating differences.

FORMAT: Up to 5 x 1 hour workshops

CYBER BULLYING (KS2)

Bigfoot's 'Cyber Bullying' workshops encourage students to consider how we communicate by phone and internet, along with the implications this can have at home, at school and in the wider community.

Through a variety of drama and communication games and exercises, students will explore what cyber bullying is, identifying the differences to 'face to face' bullying and understanding the effects on victims. Together the students will discuss how to stay safe online, creating 'Cyber bullying adverts' to share information and advice with their peers. A brilliantly positive, fun and informative experience for students to safely explore a serious issue facing all young people today.

FORMAT: Up to 5 x 1 hour workshops

PLEASE NOTE:

A blended package of assemblies, assembly & workshops or films & workshops, can be arranged to suit each school's specific requirements.

Contact us directly to discuss your needs.



I LIKE MYSELF (KS1)

I like myself, I'm glad I'm me, there's no one else I'd rather be. And I don't care in any way, what someone else may think or say. I'm having too much fun, you see, for anything to bother me!

This interactive storytelling workshop uses Karen Beaumont's inspiring ode to self-esteem to encourage young students to appreciate everything about themselves, inside and out. Messy hair? Beaver breath? So what! This little girl knows that being proud of being you is the most important thingsomething all of us, regardless of age, would do well to remember!

FORMAT: Up to 5 x 1 hour workshops

I WISH I COULD... (EYFS)

Simple, intimate and inspiring....group storytelling at its best

In the rainbow forest the insects are having a talent competition. The winner gets to add a new story to the story tree! Tara is the only person who isn't excited; she's the judge. How will she choose a winner? This is a tale about talents old and new, and learning to be the most proud of you.

FORMAT: 1/2 Day: Up to 3 x 35 minute sessions / 1 Day: Up to 6 x 35 minute sessions

ZOOM WORKSHOPS

We are delighted to be able to offer schools the option to book virtual workshops for individual class bubbles to participate in. These sessions will give your students the opportunity to interact with one of our senior Bigfooters who will deliver 30 minute 'R.E.S.P.E.C.T' or 'It's Good To Be Me' workshops via Zoom.

- **It's Good To Be Me (EYFS & KS1)**

FORMAT: Up to 9 x 30 minute sessions

- **R.E.S.P.E.C.T (KS2)**

FORMAT: Up to 9 x 30 minute sessions (Includes our 'Choose Respect' film)



FOR MORE INFORMATION OR TO MAKE A BOOKING PLEASE CONTACT LAUREN SENATORE

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