



ANTI-BULLYING WEEK

ANTI BULLYING WEEK 12TH – 16TH NOVEMBER 2018

ASSEMBLY AND WORKSHOP PROGRAMMES

THE BIGGER PICTURE

"I'm really glad to be able to tell my story. I want to help people see the bigger picture of how what they do or say can have an impact on other people's feelings." (Walla, Age 10)

The Bigger Picture programme is designed to focus on the relationships we form with others, as well as the importance of embracing and celebrating differences. Throughout an engaging 45 minute assembly, students are sensitively exposed to a variety of characters to which they can relate and/or recognise in their school. How does it feel to be the victim of unkind behaviour? Why might someone 'bully'? How and why can we feel pressure from those around us? How can we navigate the complexities of friendships and why we are all different – and proud of it!

THE BIGGER PICTURE 2: RE-SPECT! - NEW FOR 2018!

"I used to think that it was all about me; that perhaps I wasn't behaving in the right way and so some people just couldn't help but not like me. But I'm not so sure that that's actually true..." (Sahar, Age 9)

By popular demand we are thrilled to announce that this year we are launching the follow up assembly to our ever popular **The Bigger Picture** programme. This new series of monologues revisits some popular characters to explore the same core issues of managing relationships and celebrating differences, with a focus on how we respect each other, and ourselves, through our behaviour, language and actions. What is empathy and how do we show it? How can we stand up for ourselves, and each other, safely? How can we respect each other – at home, school and online?

WORKSHOP PROGRAMMES

R.E.S.P.E.C.T - KS2

'Respect' is a tricky concept to grasp; it refers to not only how you feel and act towards others, but also yourself. Therefore, if you are 'disrespectful' it can be damaging to how you are seen and treated by others, as well as how you view yourself.

By exploring how we form and maintain relationships with each other, students will be encouraged to consider how respectful communication can assist in combating bullying in their school. With Bigfoot's help participants will experiment with a variety of peer mediation techniques whilst learning the importance of embracing and celebrating differences.

CYBER BULLYING - KS2

Bigfoot's 'Cyber Bullying' workshops encourage students to consider how we communicate by phone and internet, along with the implications this can have at home, at school and in the wider community.

Through a variety of drama and communication games and exercises, students will explore what cyber bullying is, identifying the differences to 'face to face' bullying and understanding the effects on victims. Together the students will discuss how to stay safe online, creating 'Cyber bullying adverts' to share information and advice with their peers. A brilliantly positive, fun and informative experience for students to safely explore a serious issue facing all young people today.

THIS IS ME - KS2

Look out 'cause here I come; And I'm marching on to the beat I drum; I'm not scared to be seen, I make no apologies, this is me!

This inspiring workshop utilises the powerful lyrics of 'This Is Me' from 'The Greatest Showman' in order to assist students in discovering how important it is to be proud of who they are. Through a series of introductory exercises, and culminating in a piece of performance poetry, participants will work together to explore what it means to have inner confidence and how we can help ourselves, and one another, to achieve a sense of self worth and appreciation.



I LIKE MYSELF - KS1

I like myself, I'm glad I'm me, there's no one else I'd rather be. And I don't care in any way, what someone else may think or say. I'm having too much fun, you see, for anything to bother me!

This interactive storytelling workshop uses Karen Beaumont's inspiring ode to self-esteem to encourage young students to appreciate everything about themselves, inside and out.

Messy hair? Beaver breath? So what! This little girl knows that being proud of being you is the most important thingsomething all of us, regardless of age, would do well to remember!

I WISH I COULD... EYFS

Simple, intimate and inspiring....group storytelling at its best

In the rainbow forest the insects are having a talent competition. The winner gets to add a new story to the story tree! Tara is the only person who isn't excited; she's the judge. How will she choose a winner? This is a tale about talents old and new, and learning to be the most proud of you.

“ The Bigger Picture programme introduces children to familiar characters affected by bullying in an engaging way. The children were hooked from the start and it sparked lots of debate in class! ”
Jennifer Crabbe, Stockwell Primary School

“ As always, the friendly and pro-active Bigfoot team gave excellent positive feedback to staff and pupils, whilst enabling pupils to receive strong anti bullying messages in an easily-digestible form. ”
Nic Mehew, North Ealing Primary School



**FOR MORE INFORMATION OR TO
MAKE A BOOKING PLEASE CONTACT**

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