

Make it a safe space!

Create boundaries with the group – using roleplay to look at their importance can have real impact

Produce a fun routine to start the lesson



It's good to make mistakes

Encourage pupils to take chances and make mistakes – it's how we learn

Be courageous in your creativity!



Focus your praise on the process

Focus on encouraging the positive behaviour towards each other and the learning and creative process.



Creative Warm Ups

Use warm ups to bring young people into the present moment



Have FUN!

Learning through games is powerful and fun for everyone



Listen to them

Find a way to hear student's feedback.

Make changes in the class in response to what they say – the power of being heard!



Be YOU!

Be proud of your uniqueness so they can celebrate theirs!



Compliment Circle

Provide a space for students to see the positive in themselves and each other



It's okay not to be okay

Some days are hard, some emotions are tricky to feel. It's okay not to be okay.



Letting them know that, makes it easier for young people to speak up when they need help instead of hiding those problems and worries away.



Self Care

Inclusivity includes you! Teachers and Facilitators wellbeing matters too.