

SECONDARY SCHOOLS SUMMER ACTIVITIES 2022



THE PAST FEW YEARS HAVE BEEN THE MOST CHALLENGING YET FOR OUR YOUNG PEOPLE. THEREFORE, WE ARE HERE TO HELP SCHOOLS SUPPORT THEIR STUDENTS TO THRIVE THROUGHOUT THE SUMMER TERM AND HOLIDAYS AND TO FEEL INSPIRED TO LEARN AND ACHIEVE. CREATIVELY. TOGETHER.

We understand the pressure schools are facing to help students achieve academically, and so we are keen to provide a variety of fun interactive learning opportunities that can compliment this. From one day workshops designed to inject some creativity into your week, to more targeted sessions exploring mental health and wellbeing, Bigfoot is perfectly placed to help your students **ENJOY, CREATE** and **ACHIEVE** with their peers to the very best of their ability.

Every school is different and there is no 'one size fits' all approach when booking creative activities. With this in mind, our approach is very flexible; whether you are in need of a single day of workshops, or the use of an entire teaching team for a whole week, we are confident that our professional arts facilitators can deliver.

DELIVERY OPTIONS:

HOLIDAY COURSES

Our one week, drama focussed holiday courses will see your students create an original piece of theatre to be performed live, or filmed, at the end of the course. Students will be guided by Bigfoot's creative team of working arts professionals (to include a Director, Assistant Director, and Course Coordinator) in order to use their own ideas, stories and imaginations to create work that reflects their personal experiences. A topic, text or theme will be used as a stimulus; either pre-selected or chosen with the students. Working as a team to create something from scratch will see your students thrive whilst developing confidence, communication and co-operation skills.

ONE DAY VISITS

Our one day visits are designed to be delivered to multiple classes or groups throughout the day. However, they can also be tailored according to each school's specific needs so that smaller groups can benefit from more targeted intervention. Content options range from 'Specialist Skills' workshops, to those focused on 'Mental Health & Wellbeing' or 'Transition'. Classes will work with 1-2 Bigfooters throughout the day and will be challenged to engage with the chosen topic both individually and as a whole group.

LIVE THEATRE PLAY OR FILM

Bigfoot's 1 hour transition play 'Upwards & Onwards', watched either live or on film, is perfect for larger groups of students to watch together, especially on induction days. Delivered by two experienced Bigfooters, students are invited to explore what transition means to them and celebrate new beginnings in an active and playful way.

CONTENT OPTIONS & COSTS:

MENTAL HEALTH & WELLBEING; MINDFUL

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Such a lively and relevant approach to PSHCE! The workshops are high in quality and give the students confidence to problem solve really topical issues using drama and forum theatre techniques. ”

(Haberdashers' Aske's Hatcham College, Class Teacher on Secondary PSHCE)

Bigfoot has been creating and delivering PSHE and Citizenship assemblies and workshops for KS3 and KS4 since 2000. So we are delighted to now be able to offer young people a creative forum in which they can develop techniques needed to manage their worries, before they become more significant issues that can seriously affect a young person's Mental Health.

Bigfoot's 'Mindful' workshop is designed to not only promote this ethos, but also encourage young people to develop a sense of self worth, belief and courage so that they feel empowered to take action if they, or someone they know, needs help. Each workshop aims to increase emotional literacy amongst students so that they know and understand that, together, worries can actually be a force for positive change with significant optimistic outcomes when confronted effectively.

- **ONE OFF VISIT: £750 plus VAT (1 X 20 MIN PRESENTATION PLUS UP TO 8 X 1 HOUR WORKSHOPS/ TWO BIGFOOTERS)**
- **MENTAL HEALTH & WELLBEING' HOLIDAY COURSE: £4,750 (UP TO 30 CHILDREN/5 DAYS)**



SPECIALIST THEATRE SKILLS; SPOTLIGHT

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This workshop was absolutely amazing – our Bigfooter was so knowledgeable, genuine and fun. And the programme was absolutely outstanding from start to finish. The children were instantly engaged and left full of enthusiasm and passion for the subject. One of the best workshop I've ever seen! ”

(Sandringham School, Stephanie Quinn on Secondary Impro)

Bigfoot's 'Spotlight' workshops are renowned for inspiring young people to challenge themselves and take risks in a safe and friendly environment. Our bank of diverse specialist theatre skills workshops have all been designed to expose students to a variety of art forms and techniques that will intrigue and excite, as well as encourage them to create and develop their own work.

Our Spotlight workshops can be booked individually for an inspiring one day visit, or combined to create an eclectic holiday course designed to promote group cohesion and raise levels of motivation and achievement among participants.

Spotlight Workshops include: Devising, Rhythm and Percussion, Clowning, Mask and Mime, Physical Theatre, Puppetry, Voice, Stage Combat, Rap and Beat boxing.

- **ONE OFF VISIT: £400 plus VAT (UP TO 5 X 1 HOUR WORKSHOPS; ONE BIGFOOTER)**
- **'CREATIVE ARTS' HOLIDAY COURSE: £4,750 (UP TO 30 CHILDREN/ 5 DAYS)**

TRANSITION; BIG STEPS



So much more than simply creative workshops: it is the beginning of a conversation about one of the biggest steps children will make, conducted in a really fun and engaging way.”

(St Boniface RC Primary School, Class Teacher on Big Steps)

Everyone knows that with all new beginnings comes big change. Through the use of creative techniques, we can help your new Year 7 students to confront, discuss and challenge the emotional and practical implications involved with transition. Whether as a one day visitor as a more intense week long summer project, students will spend time together creating, writing and devising in order to express what this change means to them.

Bigfoot's transition programme aims to explore workable solutions for concerns in order to build self confidence and help all participants to feel motivated and empowered. Students will also be given the opportunity to play, laugh and learn with their peers in order to understand that, through human interaction and engagement, they can flourish, even in the most challenging circumstances.

- **ONE OFF VISIT: £320 plus VAT (UP TO 2 X 2 HOUR WORKSHOPS/ ONE BIGFOOTER)**
- **'TRANSITION' HOLIDAY COURSE: £4,750 (UP TO 30 CHILDREN/ 5 DAYS)**

UPWARDS & ONWARDS TRANSITION PLAY (LIVE THEATRE OR FILM)

Bigfoot's transition play, watched either live or on film, is perfect for larger groups of students to watch together, especially on induction days. Based on real life experiences, it delves into the lives and minds of two students as they make the move from Primary to Secondary school. Providing a humorous insight into the various concerns associated with moving on, 'Upwards and Onwards' aims to reassure students, alleviate any fears and anxieties and moreover explore coping strategies and the positive elements of transition. It is the perfect opportunity to celebrate new beginnings in a positive and enjoyable way.

- **LIVE PLAY: £450 plus VAT (UNLIMITED CLASSES/ 1 HOUR)**
- **FILM: £95 plus VAT (UNLIMITED CLASSES/ 45 MINUTES)**



I just wanted to say a huge thank you for coming into school! Your facilitators gave all our students confidence and encouraged them to draw upon skills they didn't know they had within. Our children had someone to look up to, and someone whose faith in them did not falter, and that is priceless to us. If there is any kind of star rating then you get a 10 out of 5!! ”

(Kim Blythe, St John's C of E Primary, Summer 2019)



**FOR MORE INFORMATION OR TO MAKE A BOOKING
PLEASE CONTACT US ON:**

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