

# PSHE TEACHER INSET PROGRAMMES

**NEW**

Bigfoot has been running INSET programmes in schools and organisations since 2000, helping to creatively inspire staff to use a range of drama skills and techniques in their practice. Our enjoyable, dynamic and kinaesthetic approach develops confidence to use drama as a teaching tool to support learning and pupils' emotional wellbeing.



New for 2023/24 is a range of Primary PSHE INSET training sessions:

**1** Using Drama Skills to Explore Sensitive Issues

**2** Using Drama Skills to Support Pupils to have Difficult Conversations



Available as either a twilight or half day session for a whole staff team, these training sessions are an ideal opportunity for staff to work together to practically experience and explore the pedagogy of key drama activities and skills. The sessions will explore how to adapt activities for varying year groups and abilities and a range of PSHE topics including Anti Bullying, Internet Safety, Wellbeing and Transition. The sessions are accompanied with ideas for follow up activities, guidance, signposting and further information.



## 1 Using Drama Skills to Explore Sensitive Issues

This INSET session introduces staff to a range of creative activities which can be used to explore a range of difficult and sensitive issues, within PSHE lessons and wider learning opportunities.

The creative activities explored will help staff to support pupils:

- To identify how to keep themselves and others safe
- To recognise and manage risk and difficult situations
- To manage friendships and peer pressure
- To understand respect and how to have respectful relationships
- To explore choices and consequences

## 2 Using Drama Skills to Support Pupils to have Difficult Conversations

This INSET session explores a carefully curated range of activities which support pupils to have difficult conversations, both their peers and trusted adults.

The session will help staff to:

- Workshop activities that can be facilitated with young people about how to have difficult conversations with their peers and trusted adults
- Consider activities and methods that can be used to engage less confident pupils
- Support pupils how to access support and identify who can help them
- Facilitate a range of activities that boost pupils confidence, language and conversation skills
- Explore the use of puppetry in tackling sensitive issues and conversations

## FORMAT AND COSTS

1.5 Twilight session: **£495** plus VAT

3 hour AM or PM session: **£695** plus VAT

Bespoke sessions available – contact us for more information.

**CLICK HERE**



*"Looking at how to teach sensitive subjects appropriately in an engaging and relatable way was very useful"*

- PSHE Subject Lead, Selsdon Primary School

*"I enjoyed the use of puppetry to externalise emotions without it feeling too personal or awkward"*

Alex, Federation English Lead, Selsdon Primary School