

# BIGFOOT ON TOUR

Bigfoot is excited to be taking FOUR of it's most popular theatre based assembly & drama workshop programmes on tour to a school near you! So whether your school are looking to nurture students' emotional health and wellbeing, explore peer pressure and how to make informed choices, or want to celebrate our diverse black British history, Bigfoot has it covered!

## PROGRAMME OPTIONS:

### ALL ABOARD THE EMPIRE WINDRUSH:

*A Celebration of our Windrush Generation*  
Assembly & workshops for KS1 & KS2

### HIDDEN FIGURES:

*A Celebration of Black British History*  
Assembly & workshops for KS1 & KS2

### POWERFUL CHOICES:

*Knife Crime & Gang Violence Prevention*  
Assembly, with optional workshops for Upper KS2

### FROM WORRIES TO WELLBEING:

*A Mental Health & Wellbeing Programme*  
Assembly & workshops for KS1 & KS2



FOR MORE INFORMATION OR TO MAKE A BOOKING PLEASE CONTACT BIGFOOT ON:  
t: 0800 448 0864 e: [info@bigfootartseducation.co.uk](mailto:info@bigfootartseducation.co.uk)  
[www.bigfootartseducation.co.uk](http://www.bigfootartseducation.co.uk)



# BLACK BRITISH HISTORY CELEBRATED CREATIVELY



Energy, enthusiasm and entertainment... Our Bigfooters have it all in abundance and are excited to visit your school to help students celebrate the journey of The Empire Windrush and important hidden black figures within our wonderfully diverse British history.

## ALL ABOARD THE WINDRUSH; ASSEMBLY & WORKSHOPS

Meet Grace or Clinton as they wave goodbye to their homeland and prepare for a new life in post-war Britain; what will they miss? Why are they starting a new life in the Motherland? What was life like on board the Empire Windrush in 1948? Embark on a journey of a lifetime with one of our endearing characters to discover how this incredible voyage from the Caribbean to Tilbury impacted the lives of so many.

## HIDDEN FIGURES; ASSEMBLY & WORKSHOPS

Join Focus, a colourful and entertaining storyteller, on a voyage of discovery! Transcending time, they will tell the fascinating stories of brilliant black British people, often omitted from our history lessons, who have shaped our country. Using these 'hidden figures' to entertain and inform discussions, we will expose children to a dynamic insight into our REAL history; a history that includes Black people as fundamental to creating the fabric of our society and the rich tapestry of who we are today.

## COSTS

£695 plus VAT (45 minute assembly & 4 x 1 hour workshops)

£495 plus VAT (45 minute assembly only)



*Bigfoot really brought the Empire Windrush to life! The programme enlivened our history curriculum through story and drama and made it feel so real for our students. Thank you!*

(Elmgrove Primary School)





# POWERFUL CHOICES

**Designed specifically for Year 5, 6 and 7 students, 'Powerful Choices' is an early intervention approach to understanding key messages around the topic of knife crime, gang violence and keeping safe.**

Students will participate in a 45 minute interactive assembly, in which a narrator introduces them to the fictional story of 11 year old Gabriel, who has recently struggled with making some difficult choices about the friends he is spending time with. He has been feeling pressure to join in on some behaviour he doesn't like, especially as his friends have started talking about knives. Sometimes Gabriel finds it hard to talk about his worries to the grown ups in his life; he doesn't know where to start and he doesn't want to let them down.

Following the assembly groups of up to 30 students will have the opportunity to explore key issues in more depth and to consolidate their understanding of the laws surrounding and consequences of knife crime. They will use various drama skills to consider character choices and consequences whilst also looking at how to have positive, respectful relationships with their peers, as well as how to have difficult conversations with adults and how they can access support.

## AIMS & OBJECTIVES

This programme aims to help children & young people:

- Understand how to keep themselves and others safe
- Manage friendships and peer pressure
- Understand the law around carrying knives
- Explore the consequences of knife crime and gang violence on the victim, the perpetrator, their families and the wider community
- Identify how to access support and who can help them
- Have difficult conversations with their peers and adults



"Sometimes it's a choice that just feels...Bad. And I don't know what to do..."



**The programme is accompanied by a comprehensive Teacher Resource Pack, enabling the programme to as beneficial and impactful as possible.**



**£695** plus VAT (45 minute assembly & 4 x 1 hour workshops)

**£495** plus VAT (45 minute assembly)

For more information or to make a booking call us on

t: 0800 448 0864

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**BRITISH VALUES:** All children have the right to thrive in an inclusive and safe environment. To do this we must help our children establish a pattern of healthy mental, emotional, social and physical wellbeing which can sustain them into adult life.

# The Worry Wizard®; Mental Health & Wellbeing

People are always stronger Together. And at Bigfoot we are no exception... We are therefore delighted to be joining forces with 'The Worry Wizard', Amy Smythe, an accredited counselor and psychotherapist with the BACP. Amy boasts over fifteen years of experience helping children develop tools to manage Worries before they become more significant mental health issues that can seriously affect a young person's mental Wellbeing.

Coupling the therapeutic techniques developed by Amy, with Bigfoot's own creative approach to working, this proven method of managing children's emotional Wellbeing is now available to all schools wanting to nurture their student's mental health.

## From Worries to Wellbeing

Comprising of a whole school assembly at the start of the day, plus 4 x 1 hour workshops with selected class groups of 30 students, this programme is the perfect introduction to nurturing 'Wellbeing'.

### COST:

£695 plus VAT (45 minute assembly & 4 x 1 hour workshops)

